

Weights Conversion (Grams & Ounces, Grams & Carats)

Grams and Ounces

- 24 grains = 1 pennyweight = 1.5552 grams
- 1 gram = .64 pennyweight
- 1 pennyweight = 1.56 grams or .05 troy ounce
- 20 pennyweight = 1 troy ounce = 31.1035 grams
- 12 ounces = 1 pound troy = 373.24 grams

Grams and Carats

- 4 grains = 1 metric carat
- 1 metric carat = 200 milligrams
- 5 metric carats = 1 gram